



**THE BROKEN**  
movement trust

# 2023 annual report



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# our strategic intent

## WHY WE'RE HERE

### Our Vision:

That individuals who experience mental health issues are valued, heard, and provided with a safe space to heal.

### Our Mission:

To increase access to mental health services for whānau and individuals that address and improve better wellbeing outcomes.

### Our Purpose:

1. Reduce the high statistics of mental health users in Aotearoa.
2. Create and supply tools and resources that inspires, encourages, and mentors whānau and hapū.
3. Supply services of relatability for whānau and individuals.

## OUR VALUES

### MANAAKITANGA

Caring, respectful and supportive services for whānau and individuals.

### KOTAHITANGA

Togetherness and collaboration are practiced ensuring a range of services collectively reach our whānau and hapū.

### WHAKAWHANAUNGATANGA

Relationship development and rapport building with whānau and hapū both internally and externally.

### NGĀKAU PONO

Upholding and practicing standards of integrity and accountability.

### WHAKAAETANGA

Acceptance of all situations, people, cultures, beliefs, and backgrounds.

# our board



**Scottie Williams**  
*Heamana | Chairperson*



**Nicola McGrath**  
*Tarahiti | Trustee*



**Nathan Chicken**  
*Kaitiaki Pūtea | Treasurer*



**Dr. Robert Radics**  
*Tarahiti | Trustee*

The Broken Movement Trust Board of Governance is committed to the vision of the organisation and provide the strategic direction, leadership and policy support and development that drives the organisation forward.

Our board consists of a range of expertise, skill and backgrounds that contribute to assisting the strategic direction and vision of the organisation from a range of sectors and industries.

While the Board has four heavily experienced members, we look forward to bringing on two more members to join our board during this years annual general meeting who are keen to assist the organisations direction for the next three-years.

The Board acknowledges and thanks everyone for your confidence and support to do the best work we can.

*Ka nui te mihi maioha kia koutou katoa - mauri ora kia koutou ma".*  
*- Scottie Williams, Chairperson.*



# our structure

Our internal structures assist us to understand how we work and who we work with.



# mihimihi

Tuatahi, ngā mihi ki to tātou kaihangā, nāna ngā mea katoa. Kororia ki tona ingoa tapu.

Tuarua, mihi ki ngā mate, rātou kei tua o te arai. Nō reira kia rātou kua wehe, haere, haere, haere atu rā – moe mai ra oti atu.

Ka hoki mai ngā kōrero kia tātou ngā kānohi ora, tēnā tātou katoa.

Ngā mihi atu rā kia koutou ngā kaiwhaiwāhi mo o koutou kaha tautoko ki te waka whakahaere nei o Te Nekehanga Whakatika (The Broken Movement Trust). Nei rā ka mihi.

Nau mai rā ki ngā kai tarahiti hou. Koutou e mauria mai o koutou pūkenga ma runga i te pōari nei – nō reira, ngā mihi nu nui kia koutou katoa.

We take this opportunity to acknowledge all those who have been part of the waka of The Broken Movement Trust who have provided their voluntary support and guidance. We thank you!

We also take the opportunity to acknowledge those who have passed on before us and bid them farewell as they cross over beyond the veil of no return. May they rest in all eternal peace.

We are excited to provide you with our first-ever annual report for The Broken Movement Trust and acknowledge all those who have contributed to the journey of the organisation that have gotten us this far. For that, we are eternally grateful to be able to do the work that we do – ngā mihi!

*The Broken Movement Trust...*

# annual general meeting agenda

- 1. Opening Words/Karakia/Mihimihi**
- 2. Apologies**
- 3. Previous AGM Minutes**
  - a. Matters Arising
- 4. Previous SGM Minutes**
  - a. Matters Arising
- 5. Annual Reports**
  - a. *Chair's Report*
  - b. *CE's Report*
  - c. *Operational Report*
  - d. *Financial Report & Audited Financial Statements*
- 6. Nominations of Trustees**
- 7. Ratification of Deed, Version 2**
- 8. Closing Words/Karakia**





“hope is like a  
road in the  
country; there  
was never a  
road; but when  
many people  
walk on it; the  
road comes into  
existence.”



**THE BROKEN**  
movement trust



A person with long, wavy brown hair is sitting on a dark, pebbly beach, looking out at the ocean. The person is wearing a dark blue or grey long-sleeved top and blue socks with red tips. Their feet are resting on a patterned blanket. The ocean is visible in the background with white-capped waves breaking. The overall scene is calm and scenic.

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PREVIOUS AGM  
MINUTES



## ANNUAL GENERAL MEETING MINUTES

TUESDAY, 25 OCTOBER 2022 @ 6:00pm via Teams

### 1. FORMALITIES

- The meeting was opened with a word of prayer/karakia by: Zachary Guildford.
- A Mihimihi & welcome was provided to everyone in attendance by: Jacob Skilling.
- **Attendance** be noted for Scottie Williams (Chairperson), Diane Sampson (Executive Assistant), Jacob Skilling (Founding CEO), Zachary Guildford (Operations Officer), Nathan Chicken, Nicola McGrath, Dr. Rob Radics, Emma Hunter, Noel Macdonald, Mitch Tucker, Cheyenne, Che, Tanya Renwick, Deborah Skilling, Betty, Julie, Phillip Roth, Deborah Guildford.

#### A. APOLOGIES

**MOTION 1:** There are no apologies to be noted.

### 2. REPORTS

#### A. CHAIRPERSONS REPORT

The Chairperson provided his Annual Report.

**MOTION 2:** That the Chairpersons Annual Report be Received and Accepted.

**MOVED BY:** Scottie Williams **SECOND BY:** Diane Sampson **RESOLUTION CARRIED**

#### B. CHIEF EXECUTIVE OFFICER'S REPORT

The Founding Chief Executive Officer provided his Annual Report.

**MOTION 3:** That the Chief Executive Officer's Annual Report be Received and Accepted.

**MOVED BY:** Scottie Williams **SECOND BY:** Diane Sampson **RESOLUTION CARRIED**

#### C. OPERATIONS REPORT

The Operations Officer provided his Annual Report.

**MOTION 4:** That the Operation Officer's Annual Report be Received and Accepted.

**MOVED BY:** Jacob Skilling **SECOND BY:** Scottie Williams **RESOLUTION CARRIED**

#### D. FINANCIAL AUDIT REPORT

The Acting Treasurer provided her Financial Report and Audited Financial Statements.

**MOTION 5:** That the Financial Report and Audited Financial Statements be Received and Accepted.

**MOVED BY:** Scottie Williams **SECOND BY:** Jacob Skilling **RESOLUTION CARRIED**



## ANNUAL GENERAL MEETING MINUTES

### 3. TRUSTEE ELECTIONS

The following Trustees Elections were held giving each member an opportunity to present.

**MOTION 6:** That Ms. Nicola McGrath be voted and accepted as a Trustee of The Broken Movement Trust.  
**MOVED BY:** Scottie Williams **SECOND BY:** Jacob Skilling **RESOLUTION CARRIED**

**MOTION 7:** That Dr. Rob Radics be voted and accepted as a Trustee of The Broken Movement Trust.  
**MOVED BY:** Scottie Williams **SECOND BY:** Nathan Chicken **RESOLUTION CARRIED**

**MOTION 8:** That Mr. Nathan Chicken be voted and accepted as a Trustee of The Broken Movement Trust.  
**MOVED BY:** Scottie Williams **SECOND BY:** Rob Radics **RESOLUTION CARRIED**

### 4. GENERAL BUSINESS

#### A. WEBSITE LAUNCH

- The CEO introduced and launched the new Broken Movement Trust website.

### 5. CLOSING OF THE MEETING

- The meeting ended with closing comments from the Chairperson welcoming the new Trustees and congratulating the Officers of the organisation on their first Annual General Meeting for The Broken Movement Trust.
- The meeting ended with Closing Prayer by Zac Guildford.
- The meeting closed at: 7:52pm



“winners are not  
those who never  
fail, they are  
people who never  
quit...”



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movement trust

A silhouette of a young child stands against a bright sunset sky over a body of water. The child is holding two long, thin sticks, one in each hand, raised slightly above shoulder height. The child's shadow is cast onto the water. The sky is a mix of orange, yellow, and blue, with some clouds. The water is a deep blue with some whitecaps. The child is wearing a dark t-shirt and shorts. A small red flower is visible in the child's hair.

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PREVIOUS SGM  
MINUTES



# SPECIAL GENERAL MEETING MINUTES

THURSDAY, 27 JULY 2023 @ 6:00pm via Teams

## 1. FORMALITIES

**Attendance** be noted for: Jacob Skilling, Scottie Williams, Nathan Chicken, Rob Radics, Nicola McGrath, Zac Guilford, Toni Bisset, Matt Tukaki, Matilda Kahotea, Debbie Skilling, Doug Lockley.

### A. OPENING OF MEETING

The Special General Meeting was opened with a word of prayer/karakia by: Zac Guildford.

### B. WELCOME/MIHIMIHI

A welcome and mihi was provided to everyone in attendance by the Chief Executive.

### C. SPECIAL GENERAL MEETING INTRODUCTION

The Chairperson welcomed and thanked everyone for attending the Special General Meeting and provided a brief introduction explaining the purpose of the Special General Meeting exploring changes made to the version 2, Deed of Trust.

## 2. DEED PRESENTATION

The Chairperson presented the amended remits made to ten areas of the 2020 Deed of Trust for The Broken Movement Trust covering the following points of discussion:

- a. The addition of the CE as a Chief Executive.
- b. The addition of SGM and AGM clauses for Deed remit changes.
- c. Change in the Purpose of the Trust which includes newly defined values, mission, and purpose.
- d. The addition of board members from 3 to 7 members including the Chief Executive.
- e. Addition to the Deed that includes a quorum of 4.
- f. Additional rotation and cessation clause.
- g. Addition to the elected members of the Executive Committee – Deputy Chair, and that the Secretary may be an employed staff member, particularly the Executive Assistant.
- h. Removal of Cheques to online transactions.
- i. Additional bank accounts for said purposes.
- j. Additions to the Deed can only be done by remit voted at an SGM, ratified at the following AGM.

**MOTION 2:** That the following Deed Remits of The Broken Movement Trust be accepted and adopted as Version 2 of the organisations Deed of Trust.

**MOVED BY:** Nicola McGrath. **SECOND BY:** Nathan Chicken. **RESOLUTION CARRIED**





## SPECIAL GENERAL MEETING MINUTES

### 3. PUBLIC NOTICES

The Board Secretary delivered public notices:

- a. The date of the Annual General Meeting has been set for: Wednesday 18<sup>th</sup> October at 6:00pm with location to be advertised on social media.
- b. There are currently 2 Trustee roles available at the next Annual General Meeting. For any further information or to have a discussion regarding the role, to contact the Board Secretary: [secretary@thebrokenmovement.org](mailto:secretary@thebrokenmovement.org).

### 4. CLOSING FORMALITIES

The Special General Meeting closed with thanks to everyone for their support and attendance, and karakia by the Chief Executive.

The Meeting Closed at: 6:37pm

Minutes Ratified by the Chairperson  
at the 2023 Annual General Meeting:

Date of Minutes Ratified:





**‘it always seems  
impossible until it’s  
done...**



**THE BROKEN**  
movement trust



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ANNUAL REPORTS



# chair's report



It is incredibly difficult to try explain the intense dedication, commitment and input that has gone into the Trust since AGM 2022.

Originally the organisation was still casting a vision to bring the organisation back on track, appoint new members of the board of governance and work to change a lot of the organisations infrastructure in preparation for where this organisation needed to be.

I am immensely proud of where we are at as an organisation as we have come so far in just under 12-months and to achieve the huge tasks that we set before us and say we did it - i'm more than proud to say it and here we are!

From a complete change in the Deed, developing a five-year strategic plan, developing governance portfolios, increasing revenue streams of funding into the organisation and action planning operations for the next 12-months - we did it!

The next five-years of service growth is inspiring to say the least, however, what is ultimately clear is that as the

organisation grows and develops, so too will the expectation of everything else in and around that - from policy and strategy to operations and service output.

This year is a celebration. Although we won't count our chickens before they hatch, we celebrate bringing on a full board of six members and amazing work to support the functions of the organisation that were needed to bring us here to this point - so we welcome aboard the new two members and hope they are encouraged to join us on this exciting journey forward.

I take this opportunity to thank each and everyone here this evening for your support, acknowledge and thank our stakeholders and funders for their amazing contribution and investment, and our board for their direction, leadership and commitment. Last but not least, thanks to our amazing CE, Jacob, our E.A, Toni and our OM, Zac who have forged through to create amazing results for our families and communities.

Ngā mihi kia koutou katoa.

"Vision is the art of seeing what is invisible to others..."



**Scottie Williams**  
Chairperson

# chief executive's report



E ngā mareikura, e ngā whatukura, e ngā manukura o te wā, e aku Rangatira mā, tēnā koutou katoa...

It gives me great pleasure to start by saying it has been an incredibly successful year with amazing activity to report. However, the successes haven't come without its challenges.

We can be proud of the new direction of the organisation which has led us to deliver an amazing program and service for tane (men) with great success and feedback.

While the organisation has been working around the clock to ensure everything meets a high standard and level of professionalism, we've also understood the teachings and learnings this has provided us from Governance, Executive Leadership through to operations and delivery.

There have been many laughs, tears, ups and downs, but have never lost heart for what we do contributing to the overall positive shift and great achievements over the past 12-months and ensuring that our whānau, benefactors and

community are at the centre of what we do.

Some of the most important tasks for the organisation were changes made to the organisations deed, followed by a Special General Meeting to vote on the remits for change, development of structures, systems, procedures and policies which have all contributed to the roll out of the organisations 'Operational Action Plan', through to the change in governance and executive leadership positions allowing more input into the strategic vision and policy development while being able to roll these out at an operational level.

Some of the key focusses of the changes made have created vital planning documents that ensure and improve our overall position as an organisation while continuing to deliver to the needs of our communities of Ōtautahi.

These types of changes have been carefully engineered and designed by our Board to ensure that skill, expertise, capability and capacity are effective where the organisation needs it most - the delivery to our whānau and communities of Ōtautahi.

"The miracle is not that we do this work, but that we are happy to do it."



# chief executive's report cont'd

However, we acknowledge that much of our success is also because of our funders and stakeholders who we've built and developed relationships with along the way - so we acknowledge and mihi to Te Pūtahitanga o te Waipounamu, The Department of Internal Affairs, Te Puni Kōkiri, Council and Lions Foundation [to name a few] for their continued investment, trust and support.

The organisation has had many opportunities to support other events and causes such as 'The Resilience Breakfast' where the Operations Manager and I were able to speak to a large audience on matters that are most important to the mahi that we do.

Recently, the organisation underwent a marketing and communications 'make-over' which allowed for our organisation and social media platforms to undergo a theme upgrade. However, the functionality of these also allow us to continue to reach out to the public and our communities to let the community know what is going on and how whānau and individuals can join in. To-date we are receiving many enquiries from individuals who are keen to support the great work that is happening out there with much more to come.

With the recent karanga (call) for an additional 2-members to join our board, we are grateful to the three nominations we've received bringing their skills, talents, areas of expertise and qualification to our board which can be a thankless role - however, from me to you all, thank you for your interest and investment of skill and time. Ngā mihi.

I firmly believe the organisation moving forward looks promising with extreme hope for the future, and while we have made some incredible progress, there is still much more to uncover and conquer. I further believe with the new members' coming on board, the level of passion, commitment, confidence and expertise that will be brought to the table can only increase the organisations effectiveness and allow us to continue what we love and are good at - serving whānau and communities.

As Kaiwhakahaere Matua, I am grateful for the learning and experience, but also grateful to be working alongside some truly amazing people.

Ngā manaakitanga o te runga rawa kia koutou katoa,



**Jacob L. Skilling**  
Chief Executive

“it's not a chore if  
you love what you  
do...”



# operations report



A very warm welcome to the new board members and our thanks to those who have been a part of The Broken Movement Trust journey.

It has been a privilege to be in my second year with The Broken Movement Trust whānau in the space of Operations. I present the organisation's Operations Report for 2023.

Since my involvement with the organisation since May 2022, it has been an enjoyable but challenging experience with restructuring, designing programs, securing funding, and sourcing the relationships that will be sustainable moving forward for The Broken Movement Trust.

We have launched our first program for care this year, Wānanga Pukorero, a Tane Wānanga targeted at helping men heal trauma. We successfully completed our first Wānanga in July and the second in September 2023. At both Wānanga, over 20 men participated - the maximum our budget allowed. Kaupapa Māori models of practice, experienced facilitators, the ngāhere, life tools and a safe space

provided our men with a place to heal and deal with historical or current trauma. Reviews from the first two Wānanga suggest that the remaining four Wānanga will again be at full capacity, which reflects the need for more of these spaces within our community.

It's been an exciting year for Jacob and I within the operational space, launching Wānanga Pukorero, taking The Broken Movement on the road and speaking at The Stronger Together Conference and various Wānanga over Te Waipounamu. We've shared our story and the direction of the trust with corporates and those on the ground. No matter who we speak to, or what group we are associated with, we find our story resonates which drives our purpose in creating more avenues of care for our people through The Broken Movement Trust.

With the direction and purpose of the trust shifting to providing care to the community throughout the past year, it has meant myself and Jacob could create relationships with funding advisors, mentors, corporates, social services, the community, and those who

Mā te kahukura ka rere te manu, mā ngā  
huruhuru nei. Ka rere runga rawa e.  
Adorn the bird with feathers and let it fly...

# operations report cont'd

will help propel the trust forward. We also appreciate the help of facilitators, volunteers and, particularly, our board, who have spent tireless hours behind the scenes doing the mahi that often is never seen and are incredibly grateful for these individuals' contribution of work and time.

Some operational challenges have been securing relationships that will benefit The Broken Movement Trust moving forward. Being a new trust and obtaining funding is another challenge; however, we have started to see some of the hard work pay off. We are now running our first program of care, Wānanga Pukorero; this again comes with its challenges in ensuring this is a program that is 1, going to be of benefit for our people and 2, to ensure the program grows and tāne are gaining the tools to take into their own life. Early reviews are positive; alongside our mentorship, board, facilitators, and volunteers, we plan for Wānanga Pukorero to be a sustainable avenue of healing for not just our men but also our wāhine and rangatahi.

We are deeply grateful for the opportunity to fulfil our mission of giving back to the community and spreading a message that encourages individuals not to suffer in silence. As we look ahead, we are excited about the meaningful initiatives we have planned to impact our community positively. Our operations team is aware of the substantial effort required to deliver our services with excellence. Still, we embrace the challenges ahead with enthusiasm and determination.

Ngā mihi,



**Zac Guildford**

Operations Manager

"Action is the  
foundational key to  
success..."



# financial report



Tēnā koutou katoa,

Ko Te Poho o Tamatea tōku maunga,  
Ko Ōtakaro tōku awa,  
I tupu ake āhau i Aotearoa,  
Kei Ōtautahi āhau e noho ana, heoi ano,  
Ko Nathan tōku ingoa, Tēnā koutou katoa.

It is with great pleasure that I present the financial reports for The Broken Movement Trust for the financial year ending March 2023.

Over the past year, development has been undertaken within the financial audit and risk space to set the organisation up for successes.

This has involved setting up the financial infrastructure, policies, and procedures for the trust. While there is still plenty of work ahead to do in this space, however, this will evolve over the coming financial year.

It is great to see relationships being developed with funders - although funding is not yet evident in these financial statements - this work has led to funding contracts being awarded.

Concerns were noted from IRD around us registering for GST. After multi stakeholder engagements, GST from funding has been returned as it has been agreed that TBMT currently doesn't have any GST taxable activity.

Due to the trust now having employing staff, this has led to establishing a payroll system and a relationship with this team through IRD which is working well.

The trust is currently in the process of hiring an Accounts Officer who can assist with the daily operations of the financial affairs of the trust.

Reflecting on the past year, it is evident of how far we have come, and it is exciting to see how far we the organisation is developing in the coming year.

*NW Chicken*

**Nathan Chicken**

Treasurer/Trustee

"grow the seed and  
nurture it; you will  
see its fruits for all to  
enjoy..."



# 2023 Financial Report

The Broken Movement  
For the year ended 31 March 2023

Prepared by SMYD Accounting / Advisory

## Contents

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# Compilation Report

## The Broken Movement For the year ended 31 March 2023

Compilation Report to the Trustees of The Broken Movement.

### Scope

On the basis of information provided and in accordance with Service Engagement Standard 2 Compilation of Financial Information, we have compiled the financial statements of The Broken Movement for the year ended 31 March 2023.

These statements have been prepared in accordance with the accounting policies described in the Notes to these financial statements.

### Responsibilities

The Trustees are solely responsible for the information contained in the financial statements and have determined that the Special Purpose Reporting Framework used is appropriate to meet your needs and for the purpose that the financial statements were prepared.

The financial statements were prepared exclusively for your benefit. We do not accept responsibility to any other person for the contents of the financial statements.

### No Audit or Review Engagement Undertaken

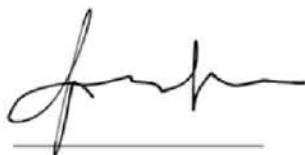
Our procedures use accounting expertise to undertake the compilation of the financial statements from information you provided. Our procedures do not include verification or validation procedures. No audit or review engagement has been performed and accordingly no assurance is expressed.

### Independence

We have no involvement with The Broken Movement other than for the preparation of financial statements and management reports and offering advice based on the financial information provided.

### Disclaimer

We have compiled these financial statements based on information provided which has not been subject to an audit or review engagement. Accordingly, we do not accept any responsibility for the reliability, accuracy or completeness of the compiled financial information contained in the financial statements. Nor do we accept any liability of any kind whatsoever, including liability by reason of negligence, to any person for losses incurred as a result of placing reliance on these financial statements.



SMYD Accounting / Advisory

Dated: 25 July 2023



# Entity Information

## The Broken Movement For the year ended 31 March 2023

**'Who are we?', 'Why do we exist?'**

### Legal Name of Entity

The Broken Movement

### Entity Type and Legal Basis

Charitable Trust

### Registration Number

CC58832

### Entity's Purpose or Mission

The The Broken Movement will empower self-determination for individuals, primarily youth and young adults, and their associated groups, such as whanau, hapu and other communities, to address barriers to wellbeing and success in life; by provision of education, resources, and tools, collaboratively alongside stakeholders and other services within Aotearoa.

### Entity Structure

Trust with a Board of Trustees

Based in Christchurch.

Our trust deed states that we must have no less than two and no more than five Trustees. We currently have five trustees that constitute our governance board.

### Main Sources of Entity's Cash and Resources

Donations, sponsorship and grant funding.

### Main Methods Used by Entity to Raise Funds

Events and grant applications

### Entity's Reliance on Volunteers and Donated Goods or Services

The Trust is reliant on volunteers to donate their time at this stage.

### Physical and Postal Address

156 Hoon Hay Road, Hoon Hay, Christchurch, New Zealand, 8025

# Approval of Financial Report

## The Broken Movement For the year ended 31 March 2023

The Trustees are pleased to present the approved financial report including the historical financial statements of The Broken Movement for year ended 31 March 2023.

APPROVED



Jacob Leo Skilling

CEO

Date 31/08/2023



Nathan Chicken

Board member

Date 30/08/2023

# Statement of Service Performance

## The Broken Movement

### For the year ended 31 March 2023

'What did we do?', 'When did we do it?'

#### Description of Entity's Outcomes

Throughout the financial year, our main objective has been to accumulate funding and resources to effectively implement our programs through the trust. Our ultimate aim is to provide our services to the wider public and offer assistance to those who require it the most. Despite facing financial limitations, we have made notable progress towards fulfilling our mission.

#### Activities Undertaken

1. **Men's Group Meetings:** We facilitated and hosted meetings for men, where they could openly discuss their experiences and challenges in a safe and supportive environment. These gatherings fostered a sense of unity and encouraged conversations about important topics such as mental health, self-development, and other significant aspects of life.
2. **Public Meetings/Conferences:** We actively participated in public meetings and conferences, where we raised awareness about our organisation's mission and the services we strive to offer. By engaging with a wider audience, we contribute to removing the negative stigma surrounding mental health and promote open discussions about well-being.
3. **Referrals to Other Organizations:** As part of our commitment to helping individuals, we referred people to other organisations that could provide specialised assistance beyond our scope. This collaborative approach ensured that those seeking help were directed to the most suitable resources, maximizing their chances of receiving effective support.
4. **Support Groups:** Through our online platform, we facilitated virtual support groups and communities where individuals could connect, share their stories, and receive guidance from peers and professionals. These support groups offered a digital space for people to find comfort, advice, and a sense of belonging.

Despite the financial challenges we faced during this year, our efforts were not in vain. We remained steadfast in our commitment to our mission and took concrete steps to lay the groundwork for the future. As we continue to accumulate funding and resources, we look forward to expanding our reach, opening our services to the public, and making a meaningful impact on the lives of those who need our support.

The purpose of these descriptions is to highlight the organization's commitment to its mission and how it achieved its objectives during the financial year by summarising its activities and outcomes.

#### Description and Quantification of the Entity's Outputs

##### The Broken Movement Trust - Canterbury Area Mental Health Report (2023)

**Outcome:** The Broken Movement Trust's main objective in Canterbury is to improve the mental health and well-being of people, particularly those residing in the inner-city area of greater Canterbury.

**Financially Quantifiable Output 1:** The Broken Movement Trust secured funding of \$10,000 in 2022, which was utilized to expand on our operational expenses our outreach programs, workshops, talks, and awareness campaigns targeting mental health issues. This was a 100% increase from the previous year's funding.

**Financially Quantifiable Output 2:** In 2022, The Broken Movement Trust successfully raised \$10,300 through community partnerships and the fundraising event 'Run 4 Hope'. This amount was allocated towards developing The Broken Movement Trust and operational expenses as well as a digital mental health platform and website to provide online support and resources to a wider audience.



### Description and Quantification of the Entity's Outputs

- **Workshops and Support Sessions:** The Trust organised and conducted several men's workshops, meetings, and support sessions throughout the year, serving over 50 participants. These interactive sessions focused on coping strategies, stress management, and building resilience.
- **Awareness Campaigns:** Several awareness campaigns were conducted both online and offline. These campaigns reached an estimated 100,000,000 individuals, fostering a more understanding and empathetic community towards mental health challenges.

### Additional Output Measures

The increase in outcomes compared to the previous year can be attributed to a combination of factors. The Trust's proactive engagement with a local school and the wider community significantly enhanced our reach. Additionally, increased public awareness and acceptance of mental health issues have contributed to more individuals seeking and benefiting from our programs.

It's important to note that the Trust faced challenges due to the ongoing pandemic, requiring the adaptation of many in-person programs into virtual formats. Despite this, the digital mental health platform's success showcased the organisation's ability to pivot and evolve to meet the changing needs effectively.

### Conclusion

In conclusion, The Broken Movement Trust's efforts within the Canterbury area have yielded substantial progress in improving the mental health and well-being of the community, particularly within the inner-city region. Through strategic financial management, innovative programs, and effective partnerships, the Trust has made a positive impact on the lives of many individuals struggling with mental health challenges.

# Statement of Financial Performance

## The Broken Movement For the year ended 31 March 2023

'How was it funded?' and 'What did it cost?'

	NOTES	2023	2022
<b>Revenue</b>			
Donations, Fundraising and Other Similar Revenue	1	20,713	2,159
<b>Total Revenue</b>		<b>20,713</b>	<b>2,159</b>
<b>Expenses</b>			
Bank Fees		18	17
Office Expenses		1,314	900
Printing & Stationery		-	97
Repairs and Maintenance		-	100
Run for hope		6,602	-
Website expenses		863	-
<b>Total Expenses</b>		<b>8,797</b>	<b>1,114</b>
<b>Surplus/ (Deficit) for the year</b>		<b>11,917</b>	<b>1,045</b>

These financial statements have been prepared without conducting an audit or review engagement, and should be read in conjunction with the attached Compilation Report.

# Statement of Financial Position

## The Broken Movement As at 31 March 2023

'What the entity owns?' and 'What the entity owes?'

	NOTES	31 MAR 2023	31 MAR 2022
<b>Assets</b>			
<b>Current Assets</b>			
Cash and Bank		14,462	1,045
<b>Total Current Assets</b>		<b>14,462</b>	<b>1,045</b>
<b>Total Assets</b>		<b>14,462</b>	<b>1,045</b>
<b>Liabilities</b>			
<b>Non-Current Liabilities</b>			
Other Non-Current Liabilities		1,500	-
<b>Total Non-Current Liabilities</b>		<b>1,500</b>	<b>-</b>
<b>Total Liabilities</b>		<b>1,500</b>	<b>-</b>
<b>Total Assets less Total Liabilities (Net Assets)</b>		<b>12,962</b>	<b>1,045</b>
<b>Accumulated Funds</b>			
Accumulated surpluses or (deficits)		12,962	1,045
<b>Total Accumulated Funds</b>		<b>12,962</b>	<b>1,045</b>

These financial statements have been prepared without conducting an audit or review engagement, and should be read in conjunction with the attached Compilation Report.



# Statement of Cash Flows

## The Broken Movement For the year ended 31 March 2023

	2023	2022
<b>Cash Flows from Operating Activities</b>		
Cash receipts from other operating activities	20,713	2,159
Payments to suppliers and employees	(8,797)	(1,114)
<b>Total Cash Flows from Operating Activities</b>	<b>11,917</b>	<b>1,045</b>
<b>Cash Flows from Investing and Financing Activities</b>		
<b>Cash flows from other investing and financing activities</b>		
Other payables	1,500	-
<b>Total Cash Flows from Investing and Financing Activities</b>	<b>1,500</b>	<b>-</b>
<b>Net Increase/(Decrease) in Cash</b>	<b>13,417</b>	<b>1,045</b>
<b>Bank Accounts and Cash</b>		
Opening cash	1,045	-
Net change in cash for period	13,417	1,045
Closing cash	14,462	1,045

This statement has been prepared without conducting an audit or review engagement, and should be read in conjunction with the attached Compilation Report.

# Statement of Accounting Policies

## The Broken Movement For the year ended 31 March 2023

'How did we do our accounting?'

### Basis of Preparation

The entity has elected to apply PBE SFR-A (NFP) Public Benefit Entity Simple Format Reporting - Accrual (Not-For-Profit) on the basis that it does not have public accountability and has total annual expenses equal to or less than \$2,000,000. All transactions in the Performance Report are reported using the accrual basis of accounting. The Performance Report is prepared under the assumption that the entity will continue to operate in the foreseeable future.

### Goods and Services Tax (GST)

The entity is not registered for GST. All amounts are stated inclusive of goods and services tax (GST).

### Goods and Services Tax (GST) (Alternate Note)

The entity is not registered for GST. Therefore all amounts are stated inclusive of GST (if any).

### Income Tax

The Broken Movement is wholly exempt from New Zealand income tax having fully complied with all statutory conditions for these exemptions.

### Bank Accounts and Cash

Bank accounts and cash in the Statement of Cash Flows comprise cash balances and bank balances (including short term deposits) with original maturities of 90 days or less.

### Changes in Accounting Policies

There have been no changes in accounting policies. Policies have been applied on a consistent basis with those of the previous reporting period.

# Notes to the Performance Report

## The Broken Movement For the year ended 31 March 2023

	2023	2022
<b>1. Analysis of Revenue</b>		
<b>Revenue from providing goods or services</b>		
Income (Funding and Donations)	20,673	2,159
Raffle	40	-
<b>Total Revenue from providing goods or services</b>	<b>20,713</b>	<b>2,159</b>

	2023	2022
<b>2. Analysis of Expenses</b>		
<b>Costs related to providing goods or services</b>		
Bank Fees	18	17
Office Expenses	1,314	900
Printing & Stationery	-	97
Repairs and Maintenance	-	100
Run for hope	6,602	-
Website expenses	863	-
<b>Total Costs related to providing goods or services</b>	<b>8,797</b>	<b>1,114</b>

	2023	2022
<b>3. Analysis of Assets</b>		
<b>Other non-current assets</b>		
Business account	14,462	1,045
<b>Total Other non-current assets</b>	<b>14,462</b>	<b>1,045</b>

	2023	2022
<b>4. Analysis of Liabilities</b>		

<b>5. Accumulated Funds</b>		
<b>Accumulated Funds</b>		
Opening Balance	1,045	-
Accumulated surpluses or (deficits)	11,917	1,045
<b>Total Accumulated Funds</b>	<b>12,962</b>	<b>1,045</b>
<b>Total Accumulated Funds</b>	<b>12,962</b>	<b>1,045</b>

## 6. Commitments

There are no commitments as at 31 March 2023 (Last year - nil).

## 7. Contingent Liabilities and Guarantees

There are no contingent liabilities or guarantees as at 31 March 2023 Last year - nil).



## **8. Related Parties**

There were no transactions involving related parties during the financial year.

## **9. Events After the Balance Date**

There were no events that have occurred after the balance date that would have a material impact on the Performance Report (Last year - nil).

## **10. Ability to Continue Operating**

The entity will continue to operate for the foreseeable future.

A silhouette of a person jumping with their arms raised in a celebratory gesture, set against a bright, hazy sunset sky with warm orange and yellow tones. The person is positioned on the left side of the frame, and their shadow is cast onto the ground below.

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TRUSTEE NOMINATIONS

# trustee nominations

The Broken Movement Trust is always looking for people who are not only keen to give back to a positive cause, but also keen to support the development of the organisation with expertise and skills that ensure the ongoing success of the organisation and its future. This means we can continue to do the good work we do...

The following nominations add to the amazing board of governance team that supports the vision, direction, and work of our chief executive.

We welcome to The Broken Movement whānau:



## Amanda Bisset-Popma

Currently employed by LIC as a Senior Agri Manager within NZ Markets.

Amanda's objective in both her personal and professional camps, is to serve a higher, more meaningful purpose.

Amanda feels this leads her to help people heal, grow, and thrive.

Amanda has recently created a business that facilitates health, wellness and connection.



## Eileen Wolland

On maternity leave from her work as a Whānau Ora Navigator, Eileen has a sound comprehension of Tikanga Māori and a commitment to Te Tiriti o Waitangi.

Eileen brings her bicultural knowledge and strengths in Te Āo Māori and positive perspectives of wellbeing with a substantial academic background in Education, Allied Health, Social and Community Development.







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OUR SUPPORTERS

# we thank you...

The Broken Movement Trust would not be able to do the work it does without the amazing support of our funders and stakeholders.

Ngā mihi nui rawa atū kia koutou katoa...

Te Matio Brown

Chanel Jordan

Sven & Kathren Christensen

Luke Bowler

Lee Pengelly

Karl Burnett

Taina Waikato

David Higgins

Better Than Before

Mike King – Gumboot Friday

Faryn Naawaka

Sam and Ange Petty

Leah – Hemi Cunningham

Amy Walcott

Ngarupiki Reid

Robe Mokaraka (Shot Bro)

Rob Norman Read

Social Currency



Te Tari Taiwhenua  
Internal Affairs



Te Puni Kōkiri  
MINISTRY OF MAORI DEVELOPMENT



Te Rūnanga o Ngāi Tahu



Rātā  
Foundation



Perspective Solutions  
designing solutions that fit

TE ARA  
HURU  
TRUST

CORPORATE PRINT



TUCKSTONE  
CONSULTING




MHAPS  
MENTAL HEALTH ADVOCACY  
and PEER SUPPORT TRUST



Blenheim Rd





A silhouette of a person's head and arm, with the arm raised in a fist, is positioned on the left side of the image. The background features a bright sunset or sunrise over a range of mountains, with the sun low on the horizon and its light reflecting off the clouds and the person's arm. The mountains in the foreground are rugged and rocky, with some snow or light-colored patches. The sky is filled with soft, hazy clouds.

achievements of today are  
the stepping stones for the  
future ones...





**THE BROKEN**  
movement trust

0800 664 775

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